# Regional NSW Youth Action Plan

### Empowering youth in regional NSW



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### Minister's foreword



**Bronnie Taylor** Minister for Mental Health Minister for Regional Youth Minister for Women

#### **Regional Youth Action Plan**

Regional NSW holds a special place in the hearts of the people of NSW. Our regions provide the food, fibre and energy we rely on. For thousands, our regions are a much loved holiday destination or weekend getaway. Some of us are fortunate enough to call these communities home. They are the home towns we were born in, we learnt our values in, we went to school in and raised families of our own.

Many of our regions are losing the very young people we need to sustain them and the challenges our regional youth face are different to those in urban areas. Skills training or tertiary education is often hours away, connecting to services is more difficult, unemployment is higher, there are fewer mental health services, and there is not always place for young people to connect with friends or feel like they belong.

We have recognised and acknowledged these gaps and I am proud to present the NSW Government's Regional Youth Framework and associated Action Plan which outlines how we will strategically address them. Our Framework identified four priority areas;

*Work Ready:* Young people have the opportunity to learn, work and achieve in regional NSW

*Wellbeing:* Young people are mentally and physically healthy, safe and thrive in their communities

**Connectivity:** Young people have transport and digital connectivity solutions to access training, work, services and recreational activities

**Community:** Young people are given the opportunities to explore their creativity, collaborate with others, develop a sense of achievement and feel socially and culturally connected to, and included in, their communities

With these pillars at the forefront, our Action Plan will put tangible projects and programs in place to ensure young people have every opportunity to live, work and thrive in regional NSW.

There are programs working to meet these needs but we can and must do better. As our Action Plan develops, it will assess current initiatives to see how we can improve and make a real change to the lives of our regional young people. The Office for Regional Youth will be working across Government agencies and with local organisations to make sure there is a coordinated approach so that no young person is left struggling to navigate their way through the system that was designed to help them.

Building healthier social and economic outcomes for young people in regional NSW is a critical and ongoing task. I will be excited to see where the Action Plan takes us and the possibilities we can create for a brighter future for young people in our regional communities.

Because our regional youth deserve it and our communities need them.

### Action Plan

With input from local and regional consultation, we have developed an Action Plan to implement the NSW Regional Youth Framework so that initiatives have specific and tangible outcomes.

A partnership approach will ensure local and regional ownership of initiatives. Partners will include young people, communities, community groups and organisations, local government, service providers, non-government organisations, other NSW agencies and the Australian Government.

The Action Plan includes both state-wide and local actions, with a strong emphasis on consultation with young people during development. Actions will address each priority, ensuring we are working with young people to design evidence-based and innovative solutions.

The Action Plan will be monitored, and its outcomes reported on and fed back into the plan to ensure we are on track to success and able to adapt where needed.

#### **Current NSW Programs and Services**

- The NSW Government has a range of initiatives underway to support young people in regional NSW including:
- \$50 million from the Stronger Country Communities Fund for youth programs and infrastructure
- \$61.7 million for eight additional Connected Learning Centres to help young people in regional areas attend TAFE
- \$8 million for five new Country University Centres, with locations announced for Grafton, Griffith, Leeton, Narrabri and Moree to reduce geographical barriers to attending university
- 100,000 fee-free apprenticeships to increase apprenticeship participation
- Additional funding for the Wellbeing Health In-Reach Nurse Coordinators to provide support and referral for young people in schools in three new regional locations of Deniliquin, Lithgow and Murwillumbah
- \$34 million in capital expenditure over two years to establish a pilot program for two senior secondary vocational schools, including one on the North Coast to support young people to build skills and get into a trade.
- Regional Industry Education Partnerships to coordinate employment opportunities between industry and schools
- \$88 million for additional school counsellors, psychologists and student support officers in high schools across NSW
- \$87 million for the Suicide Prevention Framework, where young people and regionally-based people are priority groups.
- \$1.7 billion has been committed to grow local economies outside of Sydney, Newcastle and Wollongong through the Regional Growth Fund.
- \$4.2 billion has been committed through the Snowy Hydro Legacy Fund for transformative infrastructure in projects in digital connectivity, water security, investment attraction, and rail and road transport.

## What young people told us

When young people in regional NSW told us their priorities, four common themes emerged as things they wanted. These themes related to jobs and pathways to employment, physical and mental health, digital and physical connection and, things to do and places to go. Those themes have become the following four pillars of this Framework:



Each pillar is vital to addressing the needs of young people in regional NSW and receives specific focus in this framework. In practice, the pillars are interconnected and work together to achieve our vision of young people learning, working and thriving in regional NSW.

#### 1. Work ready

Prepared for regional jobs of the future

#### Priorities

**1.1** Young people have better access to great education and training opportunities

**1.2** Young people have improved skills and knowledge to navigate the pathways into careers

**1.3** Young people have clearer options to take them from school to training, work and further education opportunities

**1.4** Disadvantaged or at-risk young people are better supported to learn and achieve

**1.5** Young people have increased understanding of the workforce

### 2. Wellbeing

Mentally and physically healthy

#### Priorities

**2.1** Young people and their families are supported to improve wellbeing

**2.2** Increasing young people's understanding of their health needs and navigate the health system

**2.3** Young people have access to culturally and youth-appropriate services

**2.4** Increasing the number of young people who can get help, wherever and however they choose to seek it

#### 3. Connectivity

Able to access services and opportunities easily

#### Priorities

**3.1** Young people have increased access to safe private transport

**3.2** Young people have increased access to safe public transport to the places they need to go

**3.3** Young people are able to access services without traveling long distances

**3.4** Young people have the skills to navigate and use information and systems

#### 4. Community

Connected and valued by their community

#### Priorities

**4.1** Young people are provided the opportunity to shape their communities

**4.2** Young people have increased access to a variety of youth-appropriate activities

**4.3** Young people feel safe in, connected to, and valued by their communities and connected to their culture.

### Initiatives

#### 1. Work ready

Young people have the opportunity to learn, work and achieve in regional NSW.

| Initiative  | Priority         | Description   | Location   | Timeframe      | Lead Agency                                 |
|---|------------------|---|------------|----------------|---|
| Arts and Cultural<br>Funding Program:<br>Project Grants | 1.3, 4.1,<br>4.3 | Grants that support regional young<br>professional artists to engage in<br>professional creative arts practice,<br>professional development, production,<br>and exhibition of works.  | State-wide | Long Term      | Create NSW                                  |
| Regional Creative<br>Leadership<br>Program              | 1.2              | Supports regional young people<br>(18-24 years old) to develop creative<br>leadership capacity. These grants provide<br>opportunities for young leaders to develop<br>new networks and experience professional<br>arts practice that will inform and support<br>their future creative careers. \$10,000<br>grants over two years for up to 20 creative<br>young leaders in NSW.   | State-wide | Medium<br>Term | Create NSW                                  |
| Communities<br>and Justice<br>Scholarship<br>Program    | 1.4              | Scholarships to young people living in<br>social housing to assist with educational<br>and support related expenses and help<br>students enrolled in education and training<br>to complete their studies.   | State-wide | Medium<br>Term | Department of<br>Communities<br>and Justice |
| Homeless Youth<br>Assistance<br>Program (HYAP)          | 1.4              | Supports young people aged 12-15 years<br>who are experiencing homelessness to<br>reunite with their families or transition to<br>longer term stable accommodation. HYAP<br>seeks to support young people sleeping<br>rough, living in unstable environments,<br>those staying in homelessness shelters,<br>and those who are staying temporarily<br>at the homes of friends, relatives or<br>acquaintances. The Land and Housing<br>Corporation is supporting this initiative<br>by supplying social housing in regional<br>areas. LAHC also supports training and<br>apprenticeships for young people as part<br>of its development programs. | State-wide | Long Term      | Department o<br>Communities<br>and Justice  |
| Out-of-Home<br>Care Pathways<br>Scholarship             | 1.4              | Scholarships available to young people<br>who have been in foster or kinship care to<br>assist with undertaking an undergraduate<br>degree. Students attending Western<br>Sydney University.  | State-wide | Long Term      | Department o<br>Communities<br>and Justice  |
| Premiers Youth<br>Initiative (PYI)                      | 1.4              | Targets young people leaving Out of<br>Home Care who are at risk of experiencing<br>homelessness, providing a combination of<br>personal advice, education, employment<br>mentoring, transitional support and<br>accommodation.   | State-wide | Medium<br>Term | Department o<br>Communities<br>and Justice  |

| 1. Work ready                   | ,      |   |  |                |   |
|---------------------------------|--------|---|--|----------------|---|
|                                 |        | Young people have the opportunity to learn, w   | ork and achi   | eve in region  | al NSW.                                     |
| Rent Choice Youth               | 1.5    | Provides private rental assistance and<br>support for young people aged 16-24<br>for up to 3 years. Available state-wide<br>with the exception of the Department<br>of Communities and Justice's Far West<br>Region. Fair Trading NSW can support<br>the initiatives for regional youth by sharing<br>information on rental tenancy rights and<br>consumer rights, for example obtaining<br>a mobile phone to enable connection and<br>being aware of rights as a consumer in this<br>arrangement.  | State-wide   | Long Term      | Department of<br>Communities<br>and Justice |
| Teenage<br>Education<br>Payment | 1.4    | The Payment recognises the crucial role<br>carers play in encouraging and supporting<br>the young people in their care, and the<br>importance of education and training in<br>securing a positive future. The Payment<br>is an annual amount of \$6,000 paid in<br>instalments of \$1,500 at the start of each<br>term to eligible carers to help keep 16 and<br>17 year olds in education or training.   | State-wide   | Long Term      | Department of<br>Communities<br>and Justice |
| Youth on Track                  | 1.4    | An early intervention scheme which<br>provides case management and behaviour<br>and family interventions to young people<br>who are at risk of long-term involvement<br>in the criminal justice system. Delivered to<br>10-17 year olds who have had at least one<br>formal contact with police in the Hunter,<br>Mid North Coast, Coffs Clarence, New<br>England, Central West and Riverina.<br>**Also in Blacktown.   | Hunter,<br>Mid North<br>Coast,<br>Coffs<br>Clarence,<br>New<br>England,<br>Central<br>West and<br>Riverina | Medium<br>Term | Department of<br>Communities<br>and Justice |
| Educational<br>Pathways Pilot   | 1.1, 1 | .4 Public school secondary students have<br>access to career advice and about<br>finding a suitable pathway into the next<br>stage for their lives. The initiative aims<br>to support students through vocational<br>education study or higher educational<br>pathways. North Coast: Grafton<br>HS, Grafton South HS, Woolgoogla<br>HS, Maclean HS, Mullumbimby HS,<br>Murwillumbah HS, Alstonville HS, Ballina<br>Coast HS, Wollumbin HS. South West<br>Sydney schools: Airds HS, Campbelltown<br>Performing Arts HS, Eaglevale HS, Thomas<br>Reddall HS, Ashcroft HS, James Busby HS. | North<br>Coast<br>Region   | Medium<br>Term | Department of<br>Education                  |
| Work Experience<br>Program      | 1.2    | Public school secondary students have<br>access to work experience from Year 9.<br>In 2018 36,000 government students<br>participated in work experience. In 2019<br>36,000 government students participated<br>in work experience.   | State-wide   | Long Term      | Department of<br>Education                  |

1. Work ready

Young people have the opportunity to learn, work and achieve in regional NSW.

| Work Place                          | 1.4                   | Public school secondary students have access to:   | State-wide  | Long Term | -                        |
|-------------------------------------|-----------------------|--|---|-----------|--------------------------|
| Learning Initiative                 |                       | <ul> <li>specialist transition advisors to<br/>develop individual transition plans</li> <li>Work education and work studies</li> </ul>   |   |           | Education                |
|                                     |                       | <ul> <li>syllabus Vocational education and<br/>training courses, including mandatory<br/>work placement.</li> <li>School based apprenticeships and</li> </ul>  |   |           |                          |
|                                     |                       | traineeships.  |   |           |                          |
|                                     |                       | Work Education delivered in 76<br>public secondary schools in 2019. 140<br>participants attended professional<br>learning to deliver work education in 2020.<br>2019 approximately 45,000 students are<br>studying VET courses. More than 45,000<br>students completed a work placement<br>for their VET course. 2,500 undertook<br>an School Based Apprenticeship and<br>Traineeship (SBAT) in 2019.  |   |           |                          |
| Apprenticeships<br>and Traineeships | 1.1                   | Under the NSW Government Fee<br>Free Apprenticeship Initiative, NSW<br>apprentices that commence their<br>training on or after 1 July 2018 may<br>be eligible for fee free training. For<br>eligible apprentices there will be no<br>requirement to pay the fee. Under the<br>NSW Government Fee Free Traineeship<br>Initiative, NSW trainees that commence<br>their training on or after 1 January 2020<br>may be eligible for fee free training.<br>For eligible trainees there will be no<br>requirement to pay the fee.  | State-wide  | Long Term | Training<br>Services NSW |
| Opportunity Hubs                    | 1.1, 1.2,<br>1.3, 1.4 | Opportunity Hubs aim to provide<br>Aboriginal young people with the<br>confidence and knowledge to follow<br>a supported pathway between<br>secondary school and further education<br>and/or employment. To achieve<br>this outcome, Opportunity Hubs<br>are building partnerships between<br>schools, employers, education and<br>training providers and the local<br>community to coordinate and match<br>employment, training and further<br>education opportunities to individual<br>students' aspirations. Non-government<br>Opportunity Hub service providers have<br>been contracted to coordinate and<br>broker links with schools, employers,<br>training providers, support services<br>and Aboriginal communities, to deliver<br>improved outcomes for Aboriginal<br>young people, including increased:<br>Participation and retention at school;<br>Aspiration and expectation of career<br>pathways for Aboriginal students;<br>Post-school enrolment in further<br>education and training; and Placement | Dubbo<br>(Far West<br>Region),<br>Tamworth<br>(New<br>England &<br>Northwest<br>Region),<br>Upper<br>Hunter<br>(Hunter<br>Region) | Long Term | Training<br>Services NSW |

1. Work ready

| Regional Industry<br>Education<br>Partnership (RIEP)                                  | 1.1, 1.2 | The purpose of RIEP is to provide<br>secondary students with industry-<br>validated career information to help<br>them plan their career pathways while at<br>school.  | State-wide               | Medium<br>Term | Training<br>Services NSW     |
|---|----------|--|--------------------------|----------------|------------------------------|
| Regional VET<br>Pathways (RVP)  | 1.1      | The Government's Regional Vocational<br>Education and Training (VET) Pathways<br>initiative supports 15-19 year olds not<br>in study or in a job to find pathways<br>into education, training and work. The<br>initiative offers services to re-engage<br>young people and help them pursue<br>careers. Program available from Feb<br>2016 – June 2020 in Richmond, Tweed,<br>Mid North Coast, Capital region, Central<br>West region, New England North West<br>region.   | North<br>Coast<br>Region | Long Term      | Training<br>Services NSW     |
| The Way Ahead<br>for Aboriginal<br>People (TWAAP)<br>Program                          | 1.4      | The Way Ahead for Aboriginal People<br>provides mentoring services for<br>Aboriginal apprentices and trainees<br>who need additional support in the<br>workplace. Mentors are chosen because<br>of their experience and acceptance<br>within Aboriginal communities.   | State-wide               | Long Term      | Training<br>Services NSW     |
| School Student<br>Transport Scheme<br>(SSTS) and the<br>School Drive<br>Subsidy (SDS) | 1.1      | The School Student Transport Scheme<br>(SSTS) provides eligible school students<br>with free or subsidised travel from home<br>to school. It is a state-wide program.<br>The School Drive Subsidy (SDS) is<br>administered by Transport for NSW and<br>is available to NSW residents in areas<br>where there is no public transport, to<br>drive an eligible student all or part of<br>the way to school. The subsidy is only<br>intended to partly offset the cost of<br>using a private vehicle to drive the<br>eligible student and is not intended to<br>cover all costs. The subsidy is for driving<br>school students to school or to the<br>nearest transport pick up point, by car,<br>motorcycle or boat. | State-wide               | Long Term      | Transport<br>for NSW         |
| Premier's Priority<br>to deliver a world<br>class Public<br>Service                   | 1.4      | Strengthening initiatives targeted at<br>young people with a disability, ensuring<br>5.6 per cent of government sector roles<br>are held by people with a disability.  | State-wide               | Long Term      | Public Service<br>Commission |

2. Wellbeing

| Initiative  | Priority         | Description   | Location   | Timeframe      | Lead Agency                                 |
|---|------------------|---|------------|----------------|---|
| Creative Kids<br>Program                                  | 2.1, 4.2         | Supports opportunities for regional children to<br>participate in creative arts making programs by<br>providing families with \$100 vouchers, which<br>are redeemable at accredited arts providers<br>across Regional NSW.  | State-wide | Medium<br>Term | Create NSW                                  |
| Coonamble<br>Integrated<br>Service<br>Delivery<br>project | 2.1, 2.2,<br>2.4 | This project aim is to create new ways for the<br>government, NGOS and community to work<br>together leveraging local governance structures<br>and existing initiatives. The approach is to<br>integrate - make better use of existing resources<br>through coordination and innovative.  | Coonamble  | Short Term     | Department of<br>Communities<br>and Justice |
| Out of Home<br>Care (OOHC)<br>Joint<br>Protocol           | 2.4              | It is well established that for a variety of<br>reasons, young people living in residential<br>services are at increased risk of coming into<br>contact with the criminal justice system.<br>A partnership between Department of<br>Communities and Justice (DCJ), funded<br>service providers and the NSW Police, The Joint<br>Protocol to reduce the contact of young people<br>in residential out-of-home-care with the criminal<br>justice system is currently in place across all<br>residential out-of-home care and Intensive<br>Therapeutic Care (ITC) providers across NSW.<br>The Protocol aims to: | State-wide | Long Term      | Department of<br>Communities<br>and Justice |
|   |                  | • Reduce the frequency of police involvement<br>in responding to behaviour by young people<br>living in residential and ITC services, which<br>would be better managed solely within the<br>service.  |            |                |   |
|   |                  | <ul> <li>Promote the principle that criminal charges<br/>will not be pursued against a young person<br/>if there is an alternative and appropriate<br/>means of dealing with the matter.</li> </ul>   |            |                |   |
|   |                  | <ul> <li>Promote the safety, welfare and wellbeing<br/>of young people living in residential and<br/>ITC services, by improving relationships,<br/>communication and information sharing<br/>both at a corporate level and between local<br/>police and residential services.</li> </ul>  |            |                |   |
|   |                  | <ul> <li>Facilitate a shared commitment by police<br/>and residential and ITC services to a<br/>collaborative early intervention approach.</li> </ul>   |            |                |   |
|   |                  | • Enhance police efforts to divert young people from the criminal justice system by improving the information residential and ITC services provide police about the circumstances of the young person to inform the exercise of their discretion.   |            |                |   |
|   |                  | <ul> <li>Ensure that appropriate responses<br/>are provided to young people living in<br/>residential and ITC services who are victims.<br/>Currently in place across all residential<br/>out-of-home care and Intensive Therapeutic<br/>Care (ITC) service providers state-wide</li> </ul>   |            |                |   |

| 2. Wellb  | eing             |   |  |                |   |
|---|------------------|---|--|----------------|---|
|   |                  | Young people have the opportunity to learn,   | work and achiev  | e in regional  | NSW.  |
| Residential<br>Rehab for<br>Young<br>People                   | 2.4              | Youth Justice funds a non-government<br>organisation to provide young people with a<br>12 week intensive residential alcohol and other<br>drug rehabilitation service in two locations in<br>rural NSW. The services provide a stable and<br>secure environment where young people are<br>assisted to address anti-social and risk taking<br>behaviours while strengthening interpersonal<br>skills and targets:              | State-wide   | Long Term      | Department of<br>Communities<br>and Justice |
|   |                  | <ul> <li>Young people 13 to 18 years old (both male and female) who have a history of significant alcohol and other drug (AOD) use that contributes to their offending behaviour</li> <li>Young people who have a dual diagnosis,</li> </ul>  |  |                |   |
|   |                  | as well as young people on medically<br>supervised medications.   |  |                |   |
|   |                  | The rehabs are based in Coffs Harbour and Dubbo.  |  |                |   |
| Targeted<br>Earlier<br>Intervention<br>Program                | 2.1, 2.2,<br>2.4 | Provides flexible support to children,<br>young people, families and communities,<br>experiencing or at risk of vulnerability.  | State-wide   | Long Term      | Department of<br>Communities<br>and Justice |
| The Bail<br>Assistance<br>Line                                | 2.4              | An after-hours service which NSW Police use<br>to source safe and alternate accommodation<br>for young people unable to return to their<br>previous residence. The program contributes<br>to reducing avoidable remand by finding<br>accommodation for young people who would<br>otherwise be bail refused for accommodation<br>reasons.  | State-wide   | Long Term      | Department of<br>Communities<br>and Justice |
| Youth<br>Frontiers  | 2.1              | Aims to establish and support mentoring<br>relationships that increase opportunities<br>for young people's active meaningful<br>participation in their communities. Open to<br>young people 12-16 years.  | State-wide   |                | Department of<br>Communities<br>and Justice |
| Wellbeing<br>Health<br>in-Reach<br>Nurse<br>(WHIN)<br>Program | 2.1              | Wellbeing Health in-Reach Nurse Program<br>(WHIN) which is aimed at improving<br>education, health and social outcomes for<br>young people in regional NSW. The WHIN<br>Coordinator Model Pilot aims to address<br>the unmet health and social needs of school<br>students to ensure that children and young<br>people are safe and achieving to their full<br>potential. It is anticipated that this will be<br>achieved by: | Cooma, Young<br>(South East &<br>Tablelands),<br>Tumut<br>(Riverina<br>Murray) | Medium<br>Term | NSW Health                                  |
|   |                  | <ul> <li>giving students a sense of belonging to the<br/>school community</li> </ul>  |  |                |   |
|   |                  | <ul> <li>improving student wellbeing and health<br/>seeking behaviour</li> </ul>  |  |                |   |
|   |                  | <ul> <li>improving the emotional and physical safety<br/>of vulnerable students</li> </ul>  |  |                |   |
|   |                  | <ul> <li>improving health and social service<br/>pathways for young people and families.</li> </ul>   |  |                |   |

| 2          |        | lbeing  |
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Young people have the opportunity to learn, work and achieve in regional NSW.

| Youth Action<br>Meetings<br>(YAMs)  | 2.2      | The Youth Action Meetings (YAMs) are an<br>initiative of NSW Police, aligned to their<br>Youth Strategy (Prevention, Intervention,<br>Partnership). The YAM has been developed<br>and implemented to enable a coordinated<br>approach to addressing the needs of young<br>people who are vulnerable and at risk of<br>becoming a victim or offender of crime. The<br>YAM involves key local agencies coming<br>together to identify the risks to - and<br>concerns for - referred young people, to<br>develop appropriate Action Plans, and to<br>put tangible strategies in place to help the<br>identified young people and reduce risks. | Cessnock<br>(Hunter),<br>Campbelltown,<br>Penrith<br>(Western<br>Sydney),<br>Coffs Harbour<br>(North Coast,<br>Mt Druitt<br>(Central<br>Sydney),<br>Wollongong<br>(Illawarra<br>Shoalhaven) | Long Term      | NSW Police               |
|---|----------|---|---|----------------|--------------------------|
| Active Kids   | 2.1, 4.2 | The Active Kids program aims to increase<br>participation of school-enrolled children<br>in sport and physical activity by providing<br>parents with vouchers to help cover the cost<br>of registration and membership fees. With 44<br>per cent of children spending more than two<br>hours a day on sedentary leisure activities,<br>the Active Kids program plays a crucial role<br>in shifting physical activity behaviours of<br>children and instilling healthy lifestyle habits.   | State-wide  | Medium<br>Term | Office of Sport          |
| Active<br>Kids pilot<br>programs<br>in the<br>Shoalhaven  | 2.1, 4.2 | Delivery of seven targeted Active Kids pilot<br>programs and five partner programs in the<br>2540 and 2541 postcodes (in and around<br>Nowra), being areas of low socio-economic<br>demographics, high need, and low uptake of<br>Active Kids vouchers. A number of targeted<br>Active Kids interventions have been delivered<br>in vulnerable regional NSW communities to<br>date, particularly through schools focussing<br>on educational outcomes.  | Shoalhaven<br>City (Illawarra<br>Shoalhaven)  | Short Term     | Office of Sport          |
| Active<br>Kids pilot<br>programs in<br>the South<br>East and<br>Tablelands<br>regions of<br>NSW | 2.1, 4.2 | Delivery of one to two targeted programs<br>in each of the Queanbeyan, Goulburn and<br>the Batemans Bay areas, being locations of<br>low socio-economics, high need and low<br>uptake of Active Kids vouchers. A number<br>of targeted Active Kids interventions have<br>been delivered in vulnerable regional NSW<br>communities to date, particularly through<br>schools focussing on educational outcomes.   | Queanbeyan,<br>Goulburn,<br>Batemans<br>Bay, Moruya<br>(South East &<br>Tablelands)   | Short Term     | Office of Sport          |
| Mental<br>Health First<br>Aid   | 2.1, 2.2 | <ul> <li>Provide mental health first aid training to young people and communities in regional NSW affected by the drought, bushfires and high levels of youth suicide.</li> <li>Young people and organisations working with youths are better equipped to identify mental health signs and provide initial support.</li> <li>Young people including those affected by drought and bushfires have increased awareness of mental health risks and signs amongst peers.</li> </ul>   | Illawarra<br>Shoalhaven,<br>Mid-North<br>Coast, Western<br>region   | Short Term     | Training<br>Services NSW |

#### 3. Connectivity

| Initiative  | Priority | Description   | Location   | Timeframe | Lead Agency                                  |
|---|----------|---|--|-----------|--|
| Our Local   | 3.4      | Our Local was developed in response<br>to direct feedback from thousands<br>of children and young people across<br>NSW. They expressed the need for a<br>single place online to find local and<br>state-wide opportunities, activities,<br>services and events. Representatives<br>from NSW Government departments<br>provided advice on the project through<br>the Our Local Inter-Departmental<br>Steering Committee. Children and<br>young people co-designed and<br>directed the website, including ongoing<br>consultation with the NSW Youth<br>Advisory Council over the course of<br>the development. Children and young<br>people can search their suburb or<br>council on www.ourlocal.nsw.gov.au<br>to access more than 16,000 listings.<br>There are over 80 categories to choose<br>from, including services, creative arts,<br>sports & recreation, work & volunteer,<br>events and education. Sixty percent of<br>the listings are in regional areas. There<br>are over 900 NSW Government and<br>non-government organisations who<br>work with, by and on behalf of children<br>and young people included on the<br>platform. | State-wide   | Long Term | Advocate for<br>Children and<br>Young People |
| Public Transport<br>Network Service<br>Improvement<br>Program | 3.1      | Delivering new public transport<br>services in 16 Cities of NSW to better<br>meet customer needs. Cities include:<br>Wagga Wagga, Tweed Heads,<br>Armidale, Grafton, Griffith, Nowra-<br>Bomaderry, Queanbeyan, Armidale,<br>Coffs Harbour, Port Macquarie, Albury,<br>Tamworth, Lismore, Orange, Bathurst,<br>Parkes, Dubbo.   | Albury,<br>Griffith,<br>Wagga<br>Wagga<br>(Riverina<br>Murray),<br>Armidale,<br>Tamworth<br>(New<br>England &<br>North West),<br>Bathurst,<br>Dubbo,<br>Orange<br>(Central West),<br>Bomaderry<br>(Illawarra<br>Shoalhaven),<br>Parkes,<br>Queanbeyan<br>(South East)<br>& Tablelands) | Long Term | Transport<br>for NSW                         |

#### 4. Community

| Initiative   | Priority         | Description   | Location   | Timeframe      | Lead Agency                                  |
|--|------------------|---|------------|----------------|--|
| Child Rights<br>Training   | 4.1              | In 2018, Advocate for Children and<br>Young People (ACYP) became an<br>endorsed provider of NSW Education<br>Standards Authority Registered<br>Professional Development for their<br>Child Rights Training. Throughout<br>the training sessions teachers gain an<br>understanding of the history of child<br>rights movements, the major rights<br>embedded in the United Nations<br>Convention of the Rights of the<br>Child and ways in which these rights<br>have been incorporated into policy<br>and law. This course was designed<br>to encourage participants to apply<br>a child rights framework to their<br>everyday interactions with children<br>and young people to ensure best<br>practice. This training has also been<br>offered to various other Government<br>Departments including the Inspector<br>of Custodial Services, Association of<br>Children's Welfare Agencies (ACWA)<br>Staff and Allambie Care Staff. Further<br>work is being done to explore the<br>potential of ACYP's Child Rights<br>Course become an accredited course<br>for other professional services such as<br>Social Workers and Lawyers. | State-wide | Medium<br>Term | Advocate for<br>Children and<br>Young People |
| Arts and<br>Cultural Funding<br>Program:<br>Organisation<br>Grants | 1.4, 2.3,<br>4.3 | Funding for regional organisations that<br>target regional youth participation.<br>These organisations provide<br>opportunities for children and young<br>people to gain creative arts making<br>experiences through engaging with<br>professional artists and arts making.   | State-wide | Long Term      | Create NSW                                   |
| NSW Youth<br>Opportunities<br>Program                              | 4.1, 4.2,<br>4.3 | Annual funding program, providing<br>funding for new projects that are<br>youth-led and youth-driven. Funded<br>projects increase young people's<br>connections to the community,<br>build skills and knowledge of young<br>people, recognise the contribution<br>young people make to their local<br>communities.  | State-wide | Long Term      | Department of<br>Communities<br>and Justice  |
| NSW Youth<br>Week  | 4.1, 4.2,<br>4.3 | NSW Youth Week - funding available<br>to all Local Councils in NSW, in support<br>of local Youth Week activities that are<br>youth-led and youth-driven (increasing<br>participation and connection in<br>community).   | State-wide | Long Term      | Department of<br>Communities<br>and Justice  |

#### 4. Community

Young people have the opportunity to learn, work and achieve in regional NSW.

| Universal<br>Screening and<br>Supports in High<br>Schools | 4.2  | <ul> <li>The model administers a survey to<br/>all students to identify those at risk<br/>and provide appropriate support<br/>packages (Tier 1 - low, medium or<br/>high support package costs are<br/>included).</li> </ul>  | Albury<br>(Riverina<br>Murray),<br>Mt Druitt<br>(Central<br>Sydney)  | Medium<br>Term | Department of<br>Communities<br>and Justice |
|---|--|---|--|----------------|---|
|   |  | <ul> <li>Screening will occur per annum over<br/>the four years of the project.</li> <li>This is a promising new model that<br/>has been trialled in Australia and<br/>Canada but no robust evaluation has<br/>been conducted. Interim findings<br/>of 'The Geelong Project' indicate<br/>the model is promising (MacKenzie<br/>2018).</li> <li>The model is based on strong<br/>evidence that intervening early with<br/>young people can positively impact<br/>their life trajectory and reduce their<br/>reliance on government services.</li> </ul> |  |                |   |
|   |  | <ul> <li>Effective implementation of the<br/>model will rely on forming strong<br/>partnerships across sectors and<br/>having service providers with the<br/>capability and capacity to respond<br/>to identified needs.</li> </ul>   |  |                |   |
|   |  | <ul> <li>The key outcomes being sought are<br/>that students remain stably housed<br/>and engaged in education.</li> </ul>  |  |                |   |
| COMPACT<br>Program  | 1.1, 2.1,<br>2.2, 2.4,<br>4.1, 4.2,<br>4.3 | The COMPACT Program aims to<br>inspire and empower young people<br>to stand up and stand united as<br>champions for community harmony<br>against the divisive forces of hate,<br>fear and violence. To date, 24 youth<br>engagement projects have been<br>funded through the COMPACT<br>Program, involving close to 60 partner<br>organisations. This include projects<br>delivered in regional areas.  | Bathurst<br>(Central West<br>& Orana),<br>Clarence<br>Valley (North<br>Coast),<br>Newcastle<br>(Hunter),<br>Orange<br>(Western<br>Sydney),<br>Wagga<br>Wagga<br>(Riverina<br>Murray) | Medium<br>Term | Multicultural<br>NSW                        |
| Guided Tour<br>Program                                    | 1.1, 4.2                                   | National Parks and Wildlife Service<br>(NPWS) runs Discovery Programs for<br>high schools throughout regional areas<br>of NSW. NPWS offers NSW syllabus<br>linked outdoor excursions to high<br>school students where they spend time<br>in nature with an NPWS ranger. This<br>provides an opportunity for outdoor<br>education and immersive learning<br>through high quality nature-based<br>activities.   | Blue<br>Mountains<br>National Park   | Long Term      | National Parks<br>& Wildlife                |

| 4. Communi                                     |                  |  |  |               |                 |
|--|------------------|--|--|---------------|-----------------|
|  |                  | Young people have the opportunity to lear  | n, work and ach  | ieve in regio | nal NSW.        |
| Child Safe Sport<br>Workshops                  | 4.3              | Sport and recreation clubs have a<br>responsibility to protect children from<br>harm and abuse. The Child Safe Sport<br>workshop helps to create awareness on<br>how clubs can create safer environments<br>for children and young people.   | State-wide   | Long Term     | Office of Sport |
| Duke of<br>Edinburgh<br>International<br>Award | 4.1, 4.2,<br>4.3 | The Duke of Edinburgh's International<br>Award is a global youth development<br>program. Young Australians aged<br>14-24 are empowered to explore<br>their full potential regardless of<br>location or circumstance. Regional<br>youth are given the opportunity to<br>explore their full potential. State-<br>wide, including Wilcannia, Mildura,<br>Armidale, Tamworth, Gunnedah,<br>Inverell, Glenn Innes, Nyngan, Dubbo,<br>Trangie, Duneedoo, Mendooran,<br>Kandos, Mudgee, Parkes, Orange,<br>Molong, Bathurst, Canowindra, Griffith,<br>Coleambally, Hay, Narranderra, Wagga<br>Wagga, Tumut, Culcairn, Albury,<br>Young, Yass, Queanbeyan, Goulburn,<br>Moss Vale, Cooma, Jindabyne, Bega,<br>Bermagui | State-wide   | Long Term     | Office of Sport |
| Regional<br>Academies of<br>Sport              | 4.2              | There are 11 Regional Academies<br>of Sport across NSW that provide<br>development programs to identified<br>athletes. Once in an academy<br>development program, athletes have<br>access to high level coaching plus a<br>range of sport education and personal<br>development programs. Regional<br>Academies of Sport play an important<br>role in supporting the development of<br>talented young athletes, coaches, and<br>officials across NSW.  | Bathurst,<br>Warren<br>(Central West<br>& Orana),<br>Lismore<br>(North Coast),<br>Mingara<br>(Central<br>Coast),<br>Newcastle<br>(Hunter),<br>Tamworth<br>(New England<br>& Northwest)<br>Wagga<br>Wagga<br>(Riverina<br>Murray),<br>Wollongong<br>(Illawarra<br>Shoalhaven) | Long Term     | Office of Sport |

| <b>4.</b> C | om | mu | nity |
|-------------|----|----|------|
|-------------|----|----|------|

Young people have the opportunity to learn, work and achieve in regional NSW.

| Respite and      | 4.2, 4.3 | A series of highly successful respite    | State-wide | Short Term | Office of Sport |
|------------------|----------|--|------------|------------|-----------------|
| support services |          | camps at Office of Sport centres was     |            |            |                 |
|                  |          | held over the 2019/20 summer holidays,   |            |            |                 |
|                  |          | for regional children from drought-      |            |            |                 |
|                  |          | affected areas. This model is set to     |            |            |                 |
|                  |          | continue, with potential expansion to    |            |            |                 |
|                  |          | include bushfire-affected communities,   |            |            |                 |
|                  |          | and camps to target at-risk youth        |            |            |                 |
|                  |          | identified as less likely to transition  |            |            |                 |
|                  |          | to adulthood. The camps provide a        |            |            |                 |
|                  |          | collaborative interagency approach to    |            |            |                 |
|                  |          | supporting vulnerable youth. The respite |            |            |                 |
|                  |          | camps deliver enormous benefits to       |            |            |                 |
|                  |          | regional communities and contribute      |            |            |                 |
|                  |          | to a number of Premier's Priorities,     |            |            |                 |
|                  |          | particularly when targeting vulnerable   |            |            |                 |
|                  |          | youth who may be at risk of harm,        |            |            |                 |
|                  |          | homelessness and poor mental health.     |            |            |                 |

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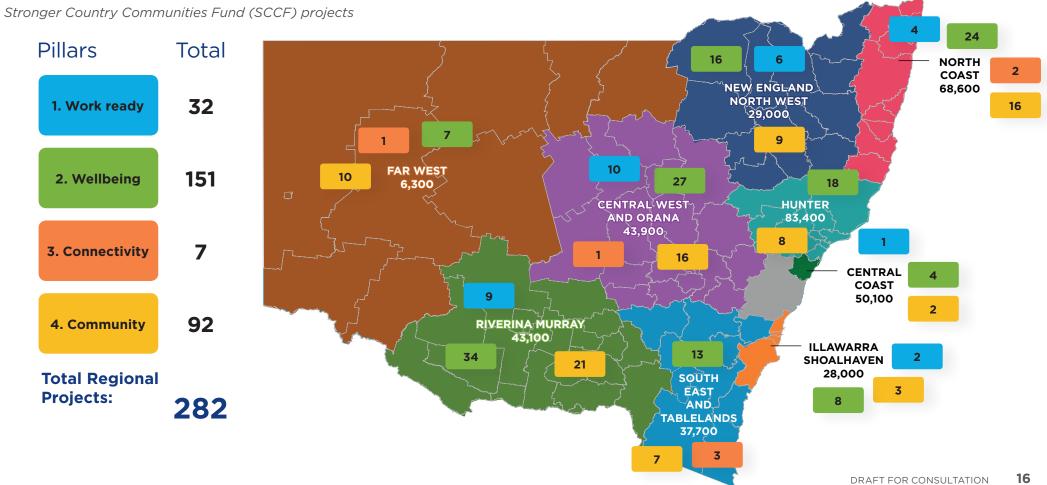
#### **NSW State-wide Projects Map**

Round 3 of the Stronger Country Communities Fund supports hundreds of projects, both infrastructure and programs, across regional NSW that deliver for local young people and the community and are aligned to the pillars of the NSW Regional Youth Framework.

The Fund encourages local governments and community organisations to engage with and deliver projects that reflect the needs and wants of both the general community and specifically local young people.

NSW has an estimated regional population of 2,024,195 (excluding the populations of Greater Sydney, Newcastle and Wollongong). Outside Greater Sydney, there are nine regions. The largest number of young people is in the Hunter with 83,400 young people, followed by the North Coast (68,600), Central Coast (50,100) and then Central West and Orana (43,900).

#### Key



### Examples of currently announced Stronger Country Communities Fund initiative (SCCF)

As more projects are announced, the Action Plan will be updated ------

| Pillar        | LGA          | Project Title   | Project Description   |
|---------------|--------------|---|---|
| Work          |              | Youth Training Cafe,<br>Viaduct Youth Hub<br>Tamworth   | A Youth Training Café will be built within the Viaduct Park Youth Hub and ancillary landscaping works.  |
| Ready Regiona | Regional     |   | The Café will be fitted with a commercially compliant kitchen in modified shipping containers to allow young people to participate in training programs. It will be managed by a local job agency and also serve as a retail food and beverage outlet, with profits reinvested into the facility.   |
|               |              |   | The Youth Training Café will provide food and beverage training for local youths aged 15-24 who have experienced unemployment and disengagement, opening a pathway to future employment opportunities while also providing a food service outlet for the local community where profits are reinvested into its ongoing operations.  |
| Wellbeing     | Warren Shire | Warren Youth Centre<br>and Community Hub  | The Warren Youth Centre and Community Hub project is designed to provide a safe, modern facility where young people can socialise and connect and improve their physical and mental wellbeing. The project will help address the challenge of isolation and the frustration of living in a small country community where opportunities are scarce.  |
|               |              |   | The program will be targeted at 12-24 year-olds and it will provide access to supervised activities including sports, arts and crafts,<br>pool competitions, movie nights, mentoring, homework assistance (including access to computers), and educational workshops.   |
|               |              | Currently, youth in Warren do not have facilities to socialise daily. The focus will predominantly be on those who are significantly disadvantaged due to socio-economic factors and the Indigenous Australian population which makes up 17.6% of the community (6 times higher than the national average). The project includes purchasing equipment including: furnishings; computers for a study space; entertainment items including a TV, a gaming console, board games, sporting equipment and a pool table. It will also involve building an outdoor half-court basketball court, upgrading the kitchen including the purchase of whitegoods, dining ware and cooking equipment for cooking classes; and additional equipment required for security and fire safety. |   |
|               |              |   | The Community Hub will provide a place for young people to meet and participate in activities to help with their social, physical and mental wellbeing. If necessary, the Hub will also provide an opportunity for early intervention for disadvantaged or at-risk youth. The project will help boost levels of engagement from youth in the community, improving the livability of the region. |
| Connectivity  | Shellharbour | Supporting at risk<br>young people progress<br>to licensure & develop   | This funding will help Youthsafe to deliver a complementary and customised range of services, resources and opportunities to young 'at risk' participants of the PCYC's Fit For Work programs in Shellharbour. This project will run over a three-year period and will work with at-risk young people to help them get driver's licences and develop low-risk driving behaviours.               |
|               |              | low risk driving<br>behaviours  | Each program participant will receive an individualised plan that will look to optimise their progress in achieving significant milestones towards securing their licence.  |
|               |              |   | The desired safer outcomes will benefit all communities as it promotes low-risk driving behaviours and transforms young people into responsible drivers.  |
| Community     | Leeton Shire | Leeton Regional Skate<br>Park Extension   | Leeton Regional Skate Park will be extended to broaden its usability through the provision of greater space, variety and the creation of a facility which caters for all skill levels. In addition to regular, informal use, the skate park accommodates approximately 100 competitors and 500 spectators each year at the annual Riverina Skate Championships.                                 |
|               |              |   | The extension has been designed by professional skate park contractors, in consultation with local skaters and the community, to complement the existing facility.  |
|               |              |   | The Skate Park provides a broad range of benefits to local young people including encouraging social interaction and relationship building which positively impacts on mental health and wellbeing. The Skate Park also helps to create a sense of ownership amongst youth and a desire to look after the space, as young people have been proactive in the planning process.                   |

#### More information

nsw.gov.au

#### **Contact us**

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